

# Nov 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1% MILK SERVED WITH EVERY MEAL</b>	1 Pancake Wrap Breakfast Cookie  Cheesy Pizza Bread Italian Green Beans Peaches	2 Apple Turnover Yogurt  Spaghetti/w Meat Sauce California Blend M. Oranges Garlic Toast	3 Breakfast Bagel String Cheese  Bacon Cheeseburger W/G Bun Fries Chips Applesauce	4 Donut Parfait  Chicken Noodle Soup Sandwich Carrots/Ranch Strawberries and Blueberries
7 Breakfast Riser String Cheese  Fish Sticks Cheesy Hashbrowns Green Beans Tropical Fruit Garlic Stick	8  <b>Election Day</b>	9 Egg McMuffin Granola Bar  Soft Taco Black Beans/Salsa Spanish Rice Fresh Oranges Cornbread	10 French Toast Sausage  KFC Bowl Potato/Gravy Corn Salad/Dressings Peaches	11 Cereal & Yogurt  <b>Sip Day</b>
14 Cheese Omelet Tri Tater  Horseshoe Garlic Toast/Burger Fries/Cheese Peas Pears	15 Chocolate Crescent /Gogurt  Chicken Parm Italian Green Beans Peaches Garlic Toast	16 Cinnamon Roll Yogurt  Breakfast for Lunch Waffles Sausage Hashbrowns Applesauce	17 Waffles Hashbrowns  Open Face Turkey Sandwich M Potato/Gravy Glazed Carrots Mixed Fruit	18 Smoothie Breakfast Bar  Hot Ham/Cheese Pretzel Bun Broccoli Salad Veg Juice Banana
21 CC Muffins Mini Parfaits  Hot Dogs W/G Bun Cheesy Fries Baked Beans M Oranges	22 Bagel/Jelly String Cheese  Chicken Cheese Quesadilla Prince Edward Island Veg Mix Apple Slices Slushie	23  <b>No School</b>	24  Thanksgiving  No School	25  <b>No School</b>
28 Strawberry Cream Cheese Bagel Cottage Cheese  Bosco Sticks W/Sauce Pasta Salad California Blend Peaches	29 French Toast Sausage  Taco Crunch Fiesta Corn Salad/Dressings Strawberries	30 Biscuits/Gravy String Cheese  Orange Chicken W Rice Broccoli Pineapple Fortune Cookie	<b>Menu subject to change</b>  WG=Whole Grain	